



# NEWSLETTER

JULY 2014

VOLUME 10, NO. 3

## PRESIDENT'S LETTER

Summer has finally made its way to Onekama. Everything is green, and the local vegetable season started with a bumper crop of asparagus. There was no frost damage to the cherry and apple crops this year, and the expectations are that we will see good harvests. The snowbirds have returned, and we are starting to see the summer visitors. The lake levels continue to rise and are about a foot over last year with another 6" expected as the Lake Superior watershed completes its snow melt.

The seasonal stores have opened and we have some new businesses in Onekama. See page 6 for details. The Portage Point Inn secured their special use permit and continues to rent boat slips, cottages and condos. Regionally, there are new stores in Manistee and Frankfort, and progress is being made on the construction of a new Meijer Store in Manistee. The PLA has been active in promoting our local and regional businesses through our web site and Face Book pages. Over 200 businesses support our efforts by joining our web site and/or donating goods for our fundraiser. We hope you will consider shopping local and supporting them.

PLA members have been busy with the **Petunia planting**, the 18<sup>th</sup> **Annual Fundraiser** on June 28th and the **Monday Night Concerts starting June 30**. The petunias are planted and are looking good, the fundraiser promises to be successful and there is a great line up for the summer concerts. We are again offering the PLA Shoreline Savings Coupon Book with over \$1200 in savings. Whether you live in the area or are just vacationing, there are savings to be had. Coupons to regional golf courses total over \$250 and local shopping and dining total \$100. Books are free to the fundraiser attendees, and can be purchased for \$10 each from the PLA by calling Barb at 231-889-4281 ext 2. The National Honor Society and the Student Council will be selling the books this summer and some of the sales will go to their organizations.

Thanks to the  
volunteers who  
planted the petunias



PLA is helping the Onekama Lions with **Onekama Days, Aug 1-3**. The 3<sup>rd</sup> Annual Pig Out for Scholarships from 5-7pm and the 2<sup>nd</sup> Annual Craft Beer Tasting from 3-7pm. Both events will be on August 1<sup>st</sup> at the Manistee County Fairgrounds and proceeds go to the PLA scholarship fund. Later that night, the Onekama fireworks display will be held over Portage Lake.

See page 3 for the complete schedule for the entire weekend.

A large project at Langland Park (aka the Turnaround or the Point) is planned and we will know in October if the project gets a grant. We will support the project financially if the grant money is approved. The project includes improved parking, beach universal access, rest rooms and sand shower.

Check out what is happening with the **local fishing** and local and regional events by going to [www.onekama.info](http://www.onekama.info) and selecting the fishing info/reports, local events or regional events tabs. The fishing reports come from the Michigan DNR, the Manistee County Sports Fishing Association and Osborn's Sports Shop. The Regional Events tab will take you from Ludington to Cadillac and up to Traverse City and most places in between.

We are starting the planning process for the Fall Festival and Christmas in Onekama. If you have an interest in helping at an event for a couple of hours or getting involved in the event planning, please send your contact information to Al Taylor at [windsongmi@aol.com](mailto:windsongmi@aol.com).

We are looking for folks that are interested in serving on the Portage Lake Association Board of Directors or as an Officer. Nominations are now being accepted and a slate of officers and Board members will be presented to the PLA members this fall for election. If interested, please send your information to me at [windsongmi@aol.com](mailto:windsongmi@aol.com).

Have a great summer and enjoy all this region has to offer. Hope to see you are some or all of our events!

*Al Taylor*

## SNAKE The LAKE

The 7th Annual Art Snake Studio Tour will be held on Saturday, **July 5th** and Sunday, **July 6th** from **11AM until 4PM**. This year, participating artists are: Keven Berklund, Sam Soet, Leslie Scruggs, Ken Cooper, Mike Grant, Jane Davidson, Phil Joseph, and Susan Joseph. Handstand, the studio/gallery space of Susan and Jamey Barnard will feature the work of Kristine Harvey.

Maps for the event will be available at Handstand, located at 4968 Main Street, Onekama and various other locations around the county. You can buy a t-shirt to wear while you snake the lake from Handstand, also.

We encourage people to "Bike the Snake"! It is an easy, flat ride along M-22 and many quiet back streets. Easy parking at the artist's studios if you bike the snake!

### New PLA Members - WELCOME!!

Barbara Baldwin & Ron Taranda	Jennica Mathieu
George & Chris Wade	Cindy Kadzban
Mark & Jeanine Bermes	M.K. Thomson
Michael & Joanne Holton	Nikki Torrey
Susan Esler & Steven Skibo	Jean Capper
Catherine Bradford & Fred Shaw	Winifred Baker
Ed & Karen Nollinger	Anne Burkel
Roger and Karen Eckert	Ken Reichle, Jr.
Bruce & Janet Henderson	Mike & Mary Carey

**You can be a new member too!**  
**Here is the form:**



-----cut here-----

## Membership Application

### Portage Lake Association

Name: \_\_\_\_\_

Mailing Address: (must be deliverable to this address) \_\_\_\_\_

Telephone: (H) \_\_\_\_\_ (Cell) \_\_\_\_\_

Email Address: \_\_\_\_\_

**Dues are \$30 annually**

Check here if you would like to volunteer for PLA activities or events: \_\_\_\_\_

Make checks payable to: Portage Lake Association, Memberships, PO Box 493, Onekama, MI 49675



### PLWF Annual Fund Fundraiser to be at the Portage Point Inn

Among the iconic images of Portage Lake, few are more recognizable than the Portage Point Inn. It looms large in the legend of the area and, as such, its grounds were the perfect choice for the site of the 2014 Watershed's *Annual Fund* Fundraiser.

Again this year, you will take pleasure in the company of old and new friends, enjoy an array of hors d'oeuvres and libations, learn about the status of PLWF projects, and - as an added bonus - hear from the new owner of the Inn, Bob Gezon, about the status of his plans. We hope to see you there!

Saturday Evening  
July 26, 2014  
5:00 - 7:00 pm  
\$60/each

Invitations are being mailed soon; tickets are available at the door. *Everyone is welcome!*

# ONEKAMA DAYS 2014

## AUGUST 1 - 4

All events take place at Fairgrounds unless noted

### THURSDAY JULY 31ST

6pm Bingo

### FRIDAY AUGUST 1ST

8am Pickleball Tournament *School Basketball*  
*Court Register by 7/28*

Noon - Closing: Food Wagon and Beer Tent

Noon-5pm M22 Road Rally Scavenger Hunt

2-7pm Arts & Crafts Show

3-7pm Beer Tasting

*Presented by Portage Lake Association*

5-7pm Pig Out for Scholarship Pig Roast

*Presented by Portage Lake Association*

8-11pm Teen dance \$3 admission

Dusk Portage Lake Fireworks

*Sponsored by Portage Lake Association & Onekama Lions Club*

### SATURDAY AUGUST 2ND

7-8:30am 5K & 1K Race Day Registration

8:30am 1 Mile Fun Run 9am 5K Run & Walk  
*Village Park Benefits Onekama Athletic Boosters*

7am- noon Fresh Hot Doughnuts and Coffee  
*Village Park Presented by Trinity Lutheran*

8-11am Breakfast *All You Can Eat*

8-11am Children's Vision Screening

8:30am Warren Vaughn Doubles Tennis  
 Tournament *Onekama School Courts*  
*Men, women & mixed doubles*

9am-2pm Trinkets & Treasures Sale *next to*  
*Library/Farr Center by Portage Lake Garden Club*

9am - noon Congregational Church Bake Sale

9am - 3pm Classic Car Show *Village Park*

10am - 7pm Arts & Crafts Show

10am - 2pm Fire department Open House &  
 Kids Activities *Township Hall*

11am - 2pm Trinity Lutheran Salad Bar Lunch, Farmer's  
 Market & Bake Sale

11:30 - 2:30pm Onekama Parks Appreciation Day  
*North Point Park Free Lunch*

Noon - Closing: Food Wagon & Beer Tent

12:30- 1pm Dance Alliance Performance

2-4pm Kids Games & Activities

*Presented by Onekama Boy Scouts*

3-5pm Live Music

5-8pm Grilled Chicken Dinner *Half chicken,*  
*corn, potato salad, dessert*

9pm-1am Dance with live music by Rusted featuring  
 Rusty Van Brocklin

### SUNDAY AUGUST 3RD

8-11am Breakfast *All You Can Eat*

8-11am Children's Vision Screening

10-5 Arts & Crafts Show

10-12 Pony Rides *Village Park*

*Presented by Pierport Pony Club*

1pm Grand Parade

*from Village Park to Dyke St*

Noon - Closing: Food Wagon, Beer Tent &  
 Pulled Pork Sandwiches

2pm Belle Suite in concert

3:30 Lions Raffle After Party

3:30pm Big Fish Contest Winners

### MONDAY AUGUST 4TH

7 pm Concert in Village Park featuring  
 Blue Water Ramblers

*Presented by Portage Lake Association*

### ONEKAMA DAY SPONSORS:

Onekama Lions  
 Portage Lake Association  
 Bowers Construction LLC  
 Mathieu Builders LLC  
 Terwilliger Funeral Home  
 Portage Wire Systems Inc.  
 Blarney Castle Oil Co  
 Onekama Shirt Shop  
 Little Eden Camp  
 Orshal Construction  
 Van Brocklin Real Estate  
 Hopwoods Heating & Coolin  
 Main Street Signs



### CONTACT INFORMATION:

Website: [www.onekama.info](http://www.onekama.info)  
 Facebook: 1,-Onekama Michigan  
 General Info: Roz 231-723-0327  
 Arts & Crafts: Barb 231-723-9783  
 Car Show/Big Fish Contest 231-889-5936  
 Parade: Rudy 231-889-0813  
 Pig Roast/PLA: Al 231-889-0205  
 5K & 1K Race: Bonnie 231-690-2147  
 Tennis: Mike 231-233-8378  
 Pickleball: Cyndi 231-889-4915 [lovebiking@live.com](mailto:lovebiking@live.com)  
 Road Rally: John 231-970-1218

## Onekama National Honor Society-

*written by Louise Barnard*

The National Honor Society (NHS) is a group of exceptional students willing to go further to service their school and community. For the 2014-15 year, there will be fifteen students involved in NHS. Last spring, we said farewell to senior members Brittany Trombley, Kaitlin Kubiskey, Emily Hippensteel, and Natasha Heart. The seniors received their stoles and tassels at the induction ceremony.

At the same event, we also inducted new members. The inductees of this year include: Ashley Kubiskey, Alyssan Clarke, Caitlin Zielinski, Taylor Mallison, Hailey Kott, Tawny Kott, Braden Hagen, Emma Putney, and Jon Acton. Additional members inducted the previous year include: Kayla Feil, Janique Berard, Megan Schneider, Kirsten Bowers, Maria Sidor, Jon Eno, Louise Barnard, and Jarett Sovereign.

With Louise Barnard as President, Kayla Feil as Vice President, Alyssan Clarke as Treasurer, and Caitlin Zielinski as Secretary, the members will volunteer at the local food pantry, work blood drives hosted at the school, mentor pre-teens, as well as serving in many other ways outside of school events.

Caitlin Zielinski says, "I love being able to help people in my community, and it makes me want to do more outside of NHS." NHS is meant to do this and we work every year to make sure it happens.

Kayla Feil says, "NHS is a great way to give back to the community; in high school, we are given so much from the community and through NHS we have the opportunity to give back." Students in NHS work hard and will use everything they have learned in their work as members to make a difference.



Seniors: Kaitlin Kubiskey, Brittany Trombley, Natasha Heart, Emily Hippensteel.

HOW ABOUT  
THOSE PETUNIAS!



## **The Giving Tree** - *written by Caitlin Zielinski*

Every Christmas, Onekama Consolidated School sponsors the Giving Tree. The Giving Tree is a Christmas tree with many different tags on it and each tag has different items listed. Each of these tags are linked to someone in our school that is in need. For example, on the tag it may state "personal items", "snow pants", or "a kitchen set". Anyone is welcome to take a tag and donate items. Not only does The Giving Tree help out families that are in our own school, but it also benefits our school as a whole.

Last year our school found an unusually high number of families in need of items. Many community members donated. We even had monetary donations and the National Honor Society and High School Student Council were able to do the shopping.

Onekama's National Honor Society and Student Council reaches out every year and take as many tags as possible. Both groups are involved in numerous fundraisers and different events throughout the year. The groups use the money earned to help out our community members. We shop ourselves and look for the needed items. We wrap the items and take them to the office. This opportunity for the National Honor Society and Student Council not only gets our high school students involved, but allows us to work in our community at the same time.



## ONEKAMA VILLAGE NEWS



Summer is upon us...AT LAST!!!

The **Village Park beach** will soon have a new look. At its completion, access to Portage Lake from the park will be enhanced considerably for ALL! This is the goal of the Explore the Shores Project, "to make access to Michigan's waters accessible for everyone...abled as well as those with mobility problems". This improvement has been in process for more than two years. Many people and organizations have contributed time and financial assistance to this project, and we thank every one of them.

**Mill Street is being resurfaced** this year in addition to addressing some problems with the storm water system in that area.

The Library parking lot has a new surface and striping. This will make it easier to "stay within the lines"!

### Brush Pick Up-

WE remind village residents what brush is: broken branches, 3 inches diameter and smaller, as well as garden debris that is placed in biodegradable bags that are sold at the local hardware store. Brush is NOT trees, large bushes or old trees that have been cut down and left to be removed by the village. Please be patient as we do not currently have dates for pick up but are in the process of locating someone to take on this project.

Much needed revisions to the **Village Zoning Ordinance** have been completed by the Planning Commission and a public hearing was recently held. The next steps are review of the suggestions from that hearing by the Commission and then presenting them to the Village Council.

### Farr Center rentals:

0-30 people attending your event: \$55      31-75 people: \$80      76-100 people: \$130  
Security deposit is ½ of rental rate.      Contact Ruth Hudson, village clerk, to make reservations.

### Village Park Shelter reservations:

\$50 due at time of reservation. Security deposit of \$25 is returned if area is cleaned up after the event.

### Village Cemetery

2 lots available- \$300 per 4 x 10 site and \$2000 for block of 8      Contact village clerk for more information.

### Village Office Hours:

Clerk and Treasurer: Monday, Tuesday, Wednesday 9am-2pm, phone- 889-3171

Zoning Administrator: Wednesday 9am-2pm, phone 889-3155

*For the latest Onekama Township news- see [www.onekama.info](http://www.onekama.info) and click on the left side listing for Onekama Township*



## DRIVERS BEWARE!!

This is a busy time of year on our roads and highways when drivers need to watch for walkers, runners, bicyclists, scooters and motorcyclists.

Please look carefully around you as you drive- especially in the shade and shadows during the various times of the day when visibility can be limited. Also, when there is no traffic approaching, move over and allow plenty of space for walkers, runners, bike riders on the road shoulders. If there is no shoulder, allow room for others as you pass in your vehicle. Do not cut it too close or you could injure or kill someone.

Many organized groups of runners, bicyclists, and motorcyclists use M-22 in and around Onekama for their events and will be frequently seen on our lovely road. Be courteous to them and give our area a good reputation for these visitors.

Drive carefully at all times!! But especially during the busy summer months with so many children and visitors outside and enjoying all that the Onekama region has to offer!

## ONEKAMA BUSINESSES - 2014 SUMMER HOURS

See stories about our two newest shops below!

**Appearance Salon - 889-0222 – Tues – Fri. 10am – 5pm; Sat. 9am – noon; closed Sun. - Mon.**

**Arcadia Bluffs – 889-3001 – All week – 6am-10pm breakfast, lunch & dinner; New Lakeview Room–casual dining.**

**Glenwood – 889-3734 – All week - open for dinner 5:00pm**

**Handstand- 889-9453- Saturdays and whenever the flag is flying at 4968 Main St. (across from PNC bank)**

**Lakeside Treats – 889-7123 – Mon. 10am – 9pm; Tues. – Thurs. 10am – 5pm; Friday - Sun. 10am – 6pm**

**Library – Onekama Branch of Manistee County Library – 889-4041 – Mon. - Tues. 11am – 5pm; Wed. 1pm – 7pm; Thurs.- Fri. 11am – 5pm; Sat. 9am – noon (until Aug. 9)**

**Lineback's – 889-0333 – Mon. - Sat. 10am – 7pm; Sun. noon - 6pm**

**Lookout Shoppe - 889-7222 – Mon. 10am – 5pm, Thurs. – Sat. 10am – 5pm, Sun. noon – 4pm**

**MacBeth and Company- 8011 1<sup>st</sup> Street, 889-0352 - M-Sat 10-6, Sun 12-4**

**M-22 Grille - Open seven days a week. 6am – 2pm, Fri. 6am – 8pm**

**Main Street Sign Shop- Call for hours- 889-0060**

**Onekama Building Supply – 889-3456 Mon. – Fri. 7:30am – 5pm; Sat. 8am – noon**

**Onekama Shirt Shop- 4850 Main St., Call for hours 233-7527**

**Pappa J's Ice Cream & Eatery – 889-4410 – All week 11am – 10pm. New: pizzas and deliveries.**

**PNC Bank- 889-4255 M-H 9:30am - 4pm, F - 9:30am- 5pm, Sat. 9:30 am-noon**

**Redeemed: Furniture, Art, Décor – (231) 753-8118 – Thurs, Fri, and Sat. noon – 5pm**

**Saco's IGA- 889-0003, M-Sat 9am-9pm, Sun. 9am -8pm**

**Shay's Chop House - 889-3121 – Tues. - Sat. 7am breakfast; 11am lunch – dinner; Sunday 10:30am brunch – dinner 9pm; Closed Monday. New outdoor Tiki bar open Fri. - Sat. 5pm – 10pm. Available for private parties any night.**

**Shirley's Place – 889-3395 - Mon. – Sat. 11am – 1am; Sun. noon – midnight**

### Handstand

4968 Main Street, features handmade goods by Onekama artists Jamey and Susan Barnard. Located across from the PNC bank, it is currently being used primarily as a studio/workspace. " We are working to establish regular hours, but welcome people anytime our flag is flying," said Susan.

The couple plans to be open Saturdays, and by appointment, call 889-9453 or [231-392-3141](tel:231-392-3141) to make an appointment. Handstand features: notecards, t-shirts, paintings, fiber arts, prints, wooden animal ornaments and sculptures.

They hope to expand their hours when their schedules permit. Jamey also does custom paintings of area homes and cottages by commission. Susan, a costumer by trade, does custom sewing and alterations.

### Redeemed Furniture Now Open in Onekama

4857 Main Street, Onekama, MI 49675  
231-753-8118

[www.facebook.com/redeemedenterprises](http://www.facebook.com/redeemedenterprises)

Redeemed Furniture in downtown Onekama just opened and the response has been wonderful so far. This store specializes in making old furniture new again. They sell a broad variety of tables, chairs, beds, cabinets, hutches, desks, etc. Most furniture and decor pieces are painted with chalk paint for a shabby chic or french country look. They also sell the easy-to-use paint line so you can use it on your own projects, as well! Stop in and ask them about their paint classes and consignment options. You can 'like' their Facebook page to get new inventory announcements, paint class schedules and other services. There is always something new and unique in store!



## CITIZEN SCIENTIST



The **Portage Lake Watershed Forever (PLWFF)** continues to develop best management practices for the protection and preservation of our watershed. In our efforts to do this, we are always looking for ways that **everyone** can become more involved in protecting our lakes and streams.

Last year the PLWFF purchased equipment and a program called **ciBioBase** for mapping the concentration and location of weed beds in the lake. This, along with the AVAS survey by our lake manager, identifies the variety of species in those location, providing invaluable GPS referenced data for treatment of the invasive plants and determining the effectiveness of our treatment program. This data can

be collected by anyone and uploaded to servers where it is processed into various online charts and graphs. Call Chuck Reed 231-889-3781 for more information on how you can be involved.

This year the **PLWFF** is starting a **Crowd Hydrology** program with the University of Buffalo and the USGS to gather data on our streams. The program has expanded from New York to Michigan, Wisconsin, and Iowa. Anyone passing by can dial a number and text the height of the stream to that number. The information is then

entered into a computer program and made available online so anyone can view the data. The PLWFF has placed stream measuring devices in 5 of our 22 streams that empty into Portage Lake with nearby signs explaining the program. The sites are located on the following streams:

1. Stream #4 (just past Little Eden)
2. Onekama Creek (5098 Main -Near the old Pizza Place)
3. Stream #7 (Near the Blue Slipper)
4. Schimke Creek (E side of M22 just before the Fairgrounds))
5. Hansen Creek (Onekama Marine west side).

Please watch for these signs and stop and text the data on your cell phone.

### Portage Lake Watershed to Host "Tuesdays With Water"

#### Tuesdays With Water

If you have every wondered if it's safe to drink your funky smelling well water or if treating lake water to combat invasive water plants impacts fishing, then the information

sessions being hosted by the Portage Lake Watershed Forever (PLWFF) Council Tuesday nights during July and August in Onekama are just for you.

Dubbed "Tuesdays With Water", the forums aim to help people who live with, near or on Portage Lake get answers. "One of the main goals of our organization," said Mary Reed, PLWFF Council Chair, "is to provide "best-practice" information so we can all make smart decisions about how to protect the health of the watershed."

Dan Behring, co-chair of the PLWFF Education Committee, said that the topics range from safe landscaping practices to learning about how to keep the lake from dying. Session presenters include Gregg Goudy (Water Resources Division with Michigan's Department of Water Quality (DEQ); Tom Reichert (District 10 Health Department Environmental Health Director), and Bob Versical (Hydrogeologist, DEQ Oil & Gas Division).

Dr. Herb Lennon, a Fisheries Biologist and long-time member of the PLWFF Council, and Susan Conradson, DEQ Watershed Specialist, will provide updates on the status of the watershed and its origins.

All of the meetings will be held at the Farr Center in Onekama from 5:00 - 7:00 pm, are open to the public and are free.

#### July 15 - Safe Yard Care

Shoreline practices, fertilizer use, spraying and removing bottomland vegetation, soil disturbance, burning practices. Presenters - Greg Goudy, Water Resources Division DEQ; Carolyn Thayer, MI Certified Natural Shoreline Professional

#### July 22 - Invasive Species & Fishing

What invasives threaten fishing in the lake? What can/should be done? Plants, fish, waterfowl, mussels, and more. Presenters - Mark Tonnello, MI Fisheries; Herb Lennon, PhD Fisheries Biologist; Kristin Sheffield, Manistee County Aquatic Invasive Species/Watershed Coordinator

#### July 29 - How Do We Keep the Lake from Dying?

Septic design & maintenance, sediment & other pollutants (runoff), weed management, symptoms and solutions. Presenters - Tom Reichert, Environmental Health Director, District 10 Health Department; Eric Grabit, Portage Lake Lake Manager; Herb Lennon, PhD Fisheries Biologist

#### August 5 - Water Works

Where does the water in Portage Lake come from? Fascinating overview of the watershed. Maps, demonstrations and more. Presenters - Herb Lennon, PhD Fisheries Biologist; Bob Blackmon, Onekama Township Board; Susan Conradson, Watershed Specialist MI DEQ Water Resources Division; Bob Versical, Hydrogeologist, DEQ Oil & Gas Division

#### August 12 - What About Wetlands?

What are they? Where are they? Why are they important? What is being done to protect them? Presenters - To Be Announced

#### August 19 - '... but not a drop to drink.'

Does your water taste or smell funny? Is it safe to drink? Artesian, shallow and deep wells. Tom Reichert, Environmental Health Director, District 10 Health Department

### BIG APPLE Restaurant Returns to Arcadia!!

Owners, Will and Gretchen Justusson, are reopening the restaurant on M-22 in Arcadia under the name long known to most people - the Big Apple. Extensive renovations are underway. The Justussons hope to open in time for Arcadia Days which take place the last weekend of July.

## DOG Owners -- Please Read!!

There have been reports again this year of dogs running after bicyclists and pedestrians causing serious injuries. Your dog may have never bit anyone before but when your animal is outside with you, and not leashed or chained, the dog can attack without warning. Dogs protect their owners and may see our residents and visitors as a danger to you or your family.

The mere fact that a dog's owner is in the street or on the beach will not deter your dog from the chase and attack. Dogs may see the spinning bike wheel as another animal to chase and bite. Please keep your dog leashed and under your control at all times in your yard, on the streets, sidewalks, beaches, hiking trails.

If your dog does attack someone, please offer your assistance. Give them your name and contact information. There could be medical and other costs that you are responsible for covering in this event. Your dog may have to be quarantined to observe for disease if the bite breaks skin.

Dog ownership is a joy, but also a big responsibility. Control of your dog's behavior is very important. Also, if you have not reported to your homeowner's insurance company that you have a dog, you could see your policy cancelled if your dog does bite someone.

Lastly, be aware that physicians treating the victims of dog bites and attacks are advising these folks to carry and use pepper spray (or wasp spray) on a dog if they approach them. We all have the right to feel safe in our community and the right to use the great outdoors – just be sure to keep your dog chained, leashed, caged, confined to protect the dog and others.



The PLA is proud to announce its lineup for the **Monday Night Concerts in the Park**. All concerts are in the Onekama Village Park. Concerts start at 7:00 p.m. and are free to the public. Donations are welcome and folks are encouraged to donate to the PLA Bucketeers who will be circulating at the concerts. Bring lawn chairs, or blankets, picnic baskets, children, etc., and enjoy some of the finest music in the area.

Here's our lineup:

- |         |  |
|---------|--|
| June 30 | <b>Pico &amp; Chown</b><br><i>Pop, Light Rock, Show Tunes and Blues</i>                                      |
| July 7  | <b>Gratitude Steel Band</b> <i>Jamaican Steel Drum Band, playing reggae Calypso and various Latin styles</i> |
| July 14 | <b>Snyder Family Band</b><br><i>Rock / family-friendly / pop music</i>                                       |
| July 21 | <b>Peter, Paul &amp; Mary Flashbacks</b><br><i>Folk favorites from the 60s &amp; 70s you'll Love!</i>        |
| July 28 | <b>Cool Lemon</b><br><i>Big Band/vocalist play Pop/Blues/Big Band</i>  |
| Aug. 4  | <b>Blue Water Ramblers</b><br><i>Folk songs of Michigan, America &amp; your life</i>                         |
| Aug. 11 | <b>Madcat Midnight Blues Journey</b><br><i>Grammy winning harmonica jazz &amp; blues</i>                     |
| Aug. 18 | <b>Standing Hamptons</b><br><i>Chicago-style blues band from North West Michigan</i>                         |

For more information on each band, visit our Website at [www.onekama.info](http://www.onekama.info) or our Facebook pages at: 1,- Onekama, MI and Portage Lake Association near the concert date.

## ~ Manistee Shore Line Show Case Jazz 2014 Concert Series ~

These FREE weekly Tuesday evening concerts are held at the Rotary Gazebo located at the First Street Beach, Manistee starting at 7:00 PM. They continue through Aug.26.

In the event of rain, the concert will be moved to the new City Bathhouse/Concession Building across the street. Go to the Onekama Concerts on Monday nights, and to Manistee's on Tuesday nights!



## Onekama Consolidated Schools Continuing Education Classes Fall 2014 - Call 889-4251 to register for any class

**Eight Week Exercise Classes start Monday, September 29 and end Friday, November 21**

Super Petunias  
In The Village  
This Year!!



### **Indoor Cycling Plus**

This cardio workout is intense but fun. In addition to cycling, this class includes up to 15 minutes of core and balance exercise. Cycling portion is conducted on indoor upright stationary bicycles to high energy music. Focus on interval training and techniques used in an outdoor ride. Beginners and experienced cyclists welcome. Class is instructor led but self-paced. Our new package format allows you to sign up for as many classes during the week as you would like.

\*Monday with Kim 5:30 to 6:30 p.m. in the Activity Room \$30      \*Wednesday with Kim 5:30 to 6:30 p.m. in the Activity Room \$30  
\*Tuesday with Leann 5:30 to 6:30 p.m. in the Activity Room \$30      \*Thursday with Leann 5:30 to 6:30 p.m. in the Activity Room \$30

**Sign up for two or more indoor cycling classes and pay only \$25 per class!**

### **Indoor Video Cycling**

Like indoor cycling but with a video component that simulates traveling over terrain. Destinations include tropical islands, national parks and other scenic areas. 8 sessions.      \*Saturday with Kim and Leann 8:30 to 9:30 a.m. in the Activity Room \$25

### **Power 60**

Take your Boot Camp experience to the next level. Sixty minutes of indoor cycling, running, and core strength training in interval format to heart pumping music. This hybrid class provides the best of everything in the fastest 60 minutes of your day. No boredom allowed in this session. You'll be changing it up every three to four minutes. Medium to high intensity workout.

16 sessions.      \*Monday and Wednesday with Leann 6:00 to 7:00 a.m. in the Activity Room \$50

### **New Class!!! Barre Basics**

Using the traditional ballet barre is one of the best ways to stretch and strengthen muscles and increase flexibility. This is not a dance class, but rather a workout that develops core, upper body and lower body strength, flexibility and balance. It's as strenuous or as gentle as you want to make it.      \*Monday and Wednesday with Leann at 4:30 p.m. in the Activity Room. \$40

### **Well Rounded Weights**

Moderate weight training is important for healthy bones and muscles. This class incorporates light to moderate weight training using machines and free weights with the use of core building stability balls, BOSU balls for balance and Slam Balls for a "well rounded" workout.      \*Monday and Wednesday with Leann at 5:30 p.m. in the Fitness Room. \$50

### **Zumba**

Ditch the Workout and Join the Party! This fun Latin dance style workout develops all muscle groups and ramps up your cardio. Get your friends together and get your Zumba on!

\*Tuesday and Thursday with Tonya 6:45 to 7:45 p.m. in the Activity Room \$50.

### **Stretch and Strength**

A strong core and flexibility are your most important assets regardless of your fitness level. This class incorporates core strength training, light weight training, stretching and development of flexibility for an overall effective yet not so strenuous workout.      \*Tuesday and Thursday with Tonya 5:30 to 6:30 p.m. in the Fitness Room \$50

### **Personal Fitness Training**

Need a fitness plan that is more individualized? Fitness trainers work with clients to assess overall health and fitness levels and then help clients begin an exercise plan specific to individual needs. The \$100 package includes a two-hour fitness assessment and orientation, and two 1-hour sessions that introduce clients to their individualized programs. Contact Mary at 889-4251 to set an appointment.

## **SPECIALTY WORKSHOPS**

### **So Your Kids are Playing Soccer....**

Are your kids signed up for soccer, and you don't have a clue about the game? Here's a quick introduction to the rules, which are different for specific age groups, and what you can expect as a parent or a coach. Roger and Leann Burger, coaches and referees for more than 25 years, will explain everything from that tricky offside rule to equipment your child needs to get started. \$3 for one or both parents or guardians. \*Monday, September 15, 6:00-8:00 p.m. Onekama Schools Distance Learning Classroom

### **Hand Applique Quilt**

Come join the fun and learn needle turn hand applique. Class participants will learn to create a beautiful floral applique project using the back-basting method for hand applique. There will be four, two-hour sessions. Skills covered in class will include transferring pattern to fabric, basic needle turn method, gentle outside and inside curves, sharp points, narrow stems, folded flower buds, circles and reverse applique. Approximate project size is 10 x 20. Skill level beginner and above.

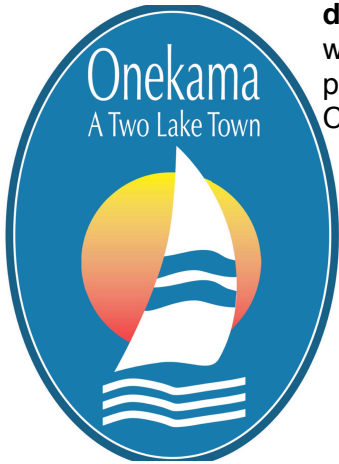
\*Thursdays, 6 to 8 p.m., September 25, October 2, 9, 16 and 23 with Carol Kozelka. \$30 plus materials.

### **Quilted Christmas Tree Skirt Class-2 weeks**

Learn to make this fun, fast and easy tree skirt for the holidays. This project is for all skill levels. The first week of class participants will cut and piece the project. Week two will focus on machine quilting the project and a binding demonstration.

\*November 6 and 13, 6 to 8 p.m. with Carol Kozelka. \$20 plus materials.

Here are 4 new ways to take a piece of Onekama with you no matter where you live!



Display the 1, or Two Lake Town **decals** on your car or home windows – they can be purchased at Lakeside Treats. Call 231-889-7123 for information



You can purchase half size Onekama Two Lake Town **Banners** at Main Street Sign Shop (next to the Onekama Shirt Shop) for \$95 each. They are 48" tall and 17" wide and have a rod loop across the top for hanging. They are seamed on both sides and bottom. They can be shipped for an additional \$20 shipping and handling fee. Call 231-889-0060 for more information.



finished size - 48"t x 17"w

### 20"x30" Canvas Prints on Wooden Frames

Stunning Photos of the Onekama Region – can be ordered for local sales only at Lakeside Treats (231-889-7123) in Onekama and Hokanson Camera in Manistee (231-723-2129). Prices range from \$200-\$225 each.

**Onekama Region Coffee Table book** – will be sold at Lakeside Treats, and other locations in the area yet to be determined. This 8.5" x 11" hard cover book of photos from around the Onekama Region will be available around the end of June 2014. Approximately 40-60 photos from various photographers will be included in this book to remind you of what makes this area special. Project price is not finalized, but it is projected to be about \$50 per book.



JULY 2014 NEWSLETTER

[planewsed@gmail.com](mailto:planewsed@gmail.com), Newsletter Editor

PRSR STD  
U.S. Postage  
PAID  
Bear Lake, MI 49614  
PERMIT #15

Portage Lake Association • P.O. Box 493 • Onekama MI, 49675

POSTAL PATRON